



# JUBILEE hub

## WEEKLY ACTIVITIES SUMMER 2024

Join us each week for our FREE drop-in activities at the Jubilee Hub. Tea & coffee provided.  
**EVERYONE WELCOME!**

OPEN  
TO ALL  
COMMUNITY  
FRIDGE  
MON-FRI

	MORNING	AFTERNOON
MONDAY	<p><b>READY STEADY PLAY &amp; LEARN (10–11.15am)</b> A welcoming friendly session for family with children 0–4, providing games &amp; activities.</p> <p><b>MEET UP MONDAY (11.30am–1pm)</b> Drop in for a tea, coffee &amp; chat.</p>	<p><b>MORE EVENTS COMING SOON, WATCH THIS SPACE</b></p>
TUESDAY	<p><b>EMPLOYABILITY HUB (10–11am)</b> Are you looking for work? We can help! We support with everything from creating a CV and completing applications, to preparing for and attending Interviews. Drop in and say Hi!</p>	<p><b>SINGING FOR THE SOUL (2–3pm)</b> Our afternoon sing-along group. No experience needed. We sing for the fun of it!</p> <p><b>CHAT &amp; CHILL YOUTH CAFE (3.30–5pm)</b> FREE club for young people aged 11+, a place to relax with your friends and enjoy FREE activities in a safe environment. FREE refreshments too!</p> <p><b>TIME OUT CLUB (5.15–7.15pm)</b> Another chance for young carers to take a break from their caring role and make some new friends. FREE refreshments and activities as well as support and guidance.</p>
WEDNESDAY	<p><b>COMMUNITY GROUPS (10–12 noon)</b> Monthly support groups hosted by local charities: Fibromyalgia cafe every 2nd Wednesday of the month.</p>	<p><b>THE FELLASHIP (2–4pm)</b> Talking &amp; social group for men.</p>
THURSDAY	<p><b>WELLBEING HUB INCLUDING MY WEIGHT MATTERS (10–12 noon)</b> Help &amp; support with living a healthier life &amp; <b>ST CLARE HOSPICE</b> weekly coffee shop – Cafe Clare.</p>	<p><b>WARM WELCOME HUB (12–3pm)</b> Free light lunch served from 12pm with friends &amp; chat. Tea and coffee from 2pm.</p>
FRIDAY	<p><b>SEN SANCTUARY (10–11.45am)</b> A friendship group for the parents and carers supporting people with SEN and Disabilities. A chance to relax and socialise, in a calm and welcoming space with FREE refreshments.</p> <p><b>DIGITAL BUDDIES (10–12 noon)</b> Support with using Information Technology &amp; Apps. <b>Now in Saffron Walden Town Hall.</b></p>	<p><b>THE ARTIST HOURS (2–4pm)</b> Try your hand at art &amp; crafts, with support from our instructor.</p>

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hub

3 HILL STREET, SAFFRON WALDEN, CB10 1EH  
[www.saffronwalden.gov.uk/the-jubilee-hub](http://www.saffronwalden.gov.uk/the-jubilee-hub)  
 01799 516501

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ENTERPRISE EAST GROUP CIC  
★★★★★



SAFFRON WALDEN  
TOWN COUNCIL



FOLLOW US



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## Enterprise East Group CIC

Helping people to tackle social isolation and employment barriers in our community – with a focus on provision for young people.



## Saffron Walden Town Council

A service provider for Saffron Walden whose priorities include representing the needs of local people and raising the standards of recreational facilities; working effectively and efficiently in partnership with organisations within the community it represents.



## UCAN

A charity whose primary mission is to reduce loneliness and isolation amongst the Uttlesford population and enable people to live independent but supported and connected lives.

## COOK SMART, LIVE SMARTER! – FREE COOKERY CLASSES

Open to all. Learn how to cook tasty nutritious meals for the whole family on a budget that works for you! All ingredients and equipment provided. Booking essential. **Please email [info@enterpriseeast.org](mailto:info@enterpriseeast.org) to book your place.**



## JUBILEE HUB – HIRE

For private hire evenings & weekends only, please contact [bookings@saffronwalden.gov.uk](mailto:bookings@saffronwalden.gov.uk) or call **01799 516 501**.



## UCAN VOLUNTEER CENTRE

Find out more about volunteering in Uttlesford district by popping inside and speaking to one of our team.

The **UCAN** Volunteer Centre is open every weekday between 10am and 2pm. We also have a display of all the latest **UCAN** volunteer opportunities.



Email the team at: [volunteer@ucan.org.uk](mailto:volunteer@ucan.org.uk)



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